


THE GAMEPLAN[®] FOR HEALTH & SAFETY

Provided By:



100's of streaming videos and resources to greatly enhance your company's current health and safety practices.



THE GAMEPLAN FOR HEALTH & SAFETY web platform is a brand new Meridian Risk Management Offering!

WHAT IS IT?

THE GAMEPLAN FOR HEALTH & SAFETY is an online membership *coaching* platform that provides company leadership and managers with critical health, safety, and injury prevention resources. Safety training achieves compliance, but **consistent coaching influences behaviors**. We give your leadership team time-tested tools to drive safe behaviors. Hundreds of streaming videos and resources are easily accessible for any type of health and safety training including start up meetings, toolbox talks, new hire orientations, wellness programs, and educational purposes.

MOST POPULAR CONTENT:

- ✓ Award-winning full-length employee training videos
- ✓ The Energized Approach to Safety and Leadership
- ✓ Physical Readiness complete stretch and warm-up routines
- ✓ THE GAMEPLAN FOR AGING video seminars & book
- ✓ Athlete System Interactive Health & Safety Programs for truck drivers, bus drivers, EMS workers and general industry
- ✓ Leadership - Coaching Your Team
- ✓ ZERO Accidents and Injuries
- ✓ Safety and Injury Prevention
- ✓ Drug-Free Workplace Solutions
- ✓ How to Design a Drug Policy
- ✓ Types of Drug Testing - Pros & Cons
- ✓ Motivation & Engagement
- ✓ Mental Wellness
- ✓ Ergonomics
- ✓ Lifestyle Management
- ✓ Employee Handouts
- ✓ Engagement Emails and Newsletters

Visit www.meridiangameplanforhealthandsafety.com to learn more.
Contact Us: info@gameplanforhealthandsafety.com or (717) 651-9510.

ADDITIONAL member BENEFITS

Additional Member Benefits:

- Weekly “Spark” Engagement Emails
- A Growing Number of Content Experts
- Quarterly Educational Webinar Training
- Monthly Health & Safety Newsletters



GROWING NUMBER OF CONTENT EXPERTS

THE GAMEPLAN FOR HEALTH & SAFETY is always growing! We currently have content from well-known health and safety experts such as **Mark Everest, Michael Melnik, Christine Clearwater, Bob McCall, Sharon Engdahl, Lee Shelby, and more**, but we will always continue to add new content experts, professional speakers, and other health and safety resources.



WEEKLY “SPARK” ENGAGEMENT EMAILS

THE GAMEPLAN FOR HEALTH & SAFETY is a system in which “Spark” Emails work in conjunction with the web platform, pulling **member-only content** directly from the platform and plugging it into the Spark Emails **weekly**. When members open their Emails they are actually viewing content directly from the platform — **without even having to log in!** The Spark Emails are intended for leadership and managers.



QUARTERLY WEBINAR TRAINING

We offer members quarterly educational webinar training so they can take advantage of the **FULL POTENTIAL** that the platform offers.

Topics Include:

- *Implementation of Drug Policies and Procedures* by Christine Clearwater;
- *Launch and Utilization of the Physical Readiness System* by Mark Everest;
- *Effective Safety Training* by Michael Melnik;
- *Nuts and Bolts of Energizing Your Company* by Michael Melnik;
- *Zero Accidents & Injuries* by Bob McCall.



MONTHLY HEALTH & SAFETY NEWSLETTERS

Our monthly health & safety newsletters are definitely a member favorite! The newsletters provide timely, relevant and engaging content and tips to help individuals make health and safety part of their everyday life. **The newsletters are provided in a PDF printable format, making them a value-added publication to share within your organizations.** The newsletter will be Emailed monthly to all members and also posted on **THE GAMEPLAN FOR HEALTH & SAFETY** web platform.

Annual Membership Pricing:

\$189.00/company

VIDEO LIBRARY AND RESOURCES FROM EXPERTS

Give your team the latest information on health, safety, and loss prevention with our growing video library & resources from content experts.